



Insurance:

Dr. Zia is currently in network in select plans of the following insurance providers:

<ul style="list-style-type: none"> • MODA:Connexus, Beacon, OHSU PPO, Community Health Care Network, and Connexus Alternative Care) 	<ul style="list-style-type: none"> • Pacific Source (Reliant Health): BrightPath HMO PSN Legacy Health Medishield PSN Oregon Standard SHN PSN SmartChoice SmartHealth UO Student Health plan Choice PSN Legacy (Legacy employee Health Plan) NIHN PPO Prime SmartAlliance SmartHealth (OR, ID)
<ul style="list-style-type: none"> • Providence Health Plans 	<ul style="list-style-type: none"> • LifeWise
<ul style="list-style-type: none"> • CIGNA 	<ul style="list-style-type: none"> • Regence Blue Cross Blue Shield
<ul style="list-style-type: none"> • Aetna 	<ul style="list-style-type: none"> • Premera Blue Cross
<ul style="list-style-type: none"> • UnitedHealthcare 	<ul style="list-style-type: none"> • Kaiser Permanente
<ul style="list-style-type: none"> • Samaritan Health Plans 	<ul style="list-style-type: none"> • HealthNet

To check if your insurance has naturopathic benefits, call your insurance member services and ask them the questions in this [form](#).

Please make sure you are familiar with your insurance benefits before making an appointment. Dr. Zia does NOT check insurance benefits at this time.

OUT OF NETWORK:

We are able to bill insurance as an out-of-network provider or provide you with a superbill for insurance reimbursement upon request.