



Insurance:

Dr. Zia is currently in network in select plans of the following insurance providers:

<ul style="list-style-type: none">• MODA: Connexus, Connexus Alternative Care, Synergy, OHSU PPO, Community Care Network	<ul style="list-style-type: none">• Pacific Source (Reliant Health): Legacy SmartHealth Oregon SmartHealth, PSN Prime, PSN Preferred
<ul style="list-style-type: none">• Providence Health Plans	<ul style="list-style-type: none">• Regence Blue Cross Blue Shield
	<ul style="list-style-type: none">• Premera Blue Cross

To check if your insurance has naturopathic benefits, call your insurance member services and ask them the questions in this [form](#).

Please make sure you are familiar with your insurance benefits before making an appointment. Dr. Zia does NOT check insurance benefits at this time.

OUT OF NETWORK:

We are able to bill insurance as an out-of-network provider or provide you with a superbill for insurance reimbursement upon request.