



Insurance:

Dr. Zia is currently in network in select plans of the following insurance providers:

<ul style="list-style-type: none"> • MODA:Connexus, Beacon, OHSU PPO, Community Health Care Network, and Connexus Alternative Care) 	<ul style="list-style-type: none"> • Pacific Source (Reliant Health)
<ul style="list-style-type: none"> • Providence Health Plans 	<ul style="list-style-type: none"> • LifeWise
<ul style="list-style-type: none"> • CIGNA 	<ul style="list-style-type: none"> • Regence Blue Cross Blue Shield
<ul style="list-style-type: none"> • Aetna 	<ul style="list-style-type: none"> • Premera Blue Cross
<ul style="list-style-type: none"> • UnitedHealthcare 	<ul style="list-style-type: none"> • Kaiser Permanente
<ul style="list-style-type: none"> • Samaritan Health Plans 	<ul style="list-style-type: none"> • HealthNet

To check if your insurance has naturopathic benefits, call your insurance member services and ask them the questions in this [form](#).

Please make sure you are familiar with your insurance benefits before making an appointment. Dr. Zia does NOT check insurance benefits at this time.

OUT OF NETWORK:

We are able to bill insurance as an out-of-network provider or provide you with a superbill for insurance reimbursement upon request.